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AWAKENING OF SPORTING AND SCIENTIFIC APPROACHES IN RURAL TRIPURA: A NEED OF HOUR

Shri Dipalok Bhattacharjee,¹ Mrs. Meenakshi Saini,² Dr. Ankan Sinha^{3}*

1. Assistant Professor (contractual), Govt. Degree College, Dharmanagar, North Tripura, Tripura.

2. TGT (P & HE) Kendriya Vidyalyaya, Panisgar, North Tripura, Tripura.

*3. *Assistant Professor, Govt. Degree College, Dharmanagar, North Tripura, Tripura.*

Abstract

The purpose of the study was to develop Sporting and scientific approaches in rural Tripura. The researcher worked on five (5) areas for the of sporting and scientific awareness namely; Sports camps and awareness workshops, Scientific modeling, Health shows & camps, Science fun games & Quiz, TV shows on carrier counseling in general and in Physical Education & sports. After survey it is obtained that the rural people of Tripura become more conscious about sports participation, technology based scientific innovation and superstitious believes in health related treatment. The various gifts of physical exercise and science have made our life more comfortable. Participation in sports brought new fitness culture and gave illness free life to certain extent. The wonderful inventions of science such as electricity, fans, air-conditioners, television, mobile phones, motor-vehicles, etc. has eased our life, and now it has become almost impossible to live without using them.

Key Words: Sports camps, scientific modeling, Health shows and carrier counseling.

Introduction

Scientific approaches and innovations in Technologies are the propelling forces for the development of any nation. Science and technology makes our lives simpler. Science is creating wonders almost every day. Scientists have invented so many wonder drugs. By means of these drugs, fatal diseases could be controlled.

Rural Tripura faces a severe technology deficit. While there are other serious shortages like; power, water, health facilities, roads, etc, these are known and recognized. So, this article may help the people to make themselves and other aware about the fact of science and technology.

Methods:

The researcher worked on five (5) areas for the of sporting and scientific awareness namely;

1. Sports camps and awareness workshops- Different sport camps like Football , Kabaddi were conducted in interior villages in free of cost which were followed by sports awareness workshops which helps to identify the talent for sports participation from rural Tripura.
2. Scientific modeling- To fetch out scientific creativities and innovations from the students.
3. Health shows & camps- To make the people health conscious and to snatch out the hidden diseases. It also helps the villagers to combat against health related superstitious believes.

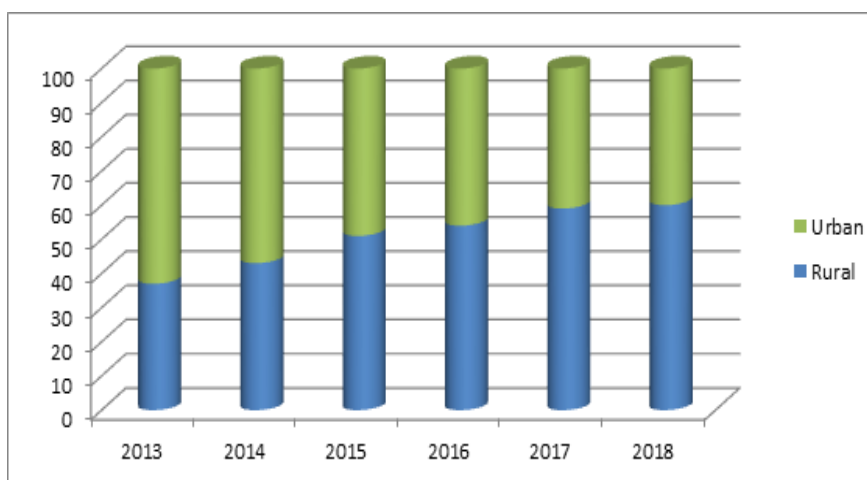
4. Science fun games & Quiz -To unmask the superstitious believes.
5. TV shows on carrier counseling- To guide the budding students regarding job prospective and carrier advancement skill in general as well as in physical education and sports.

Few Glimpses of Activities



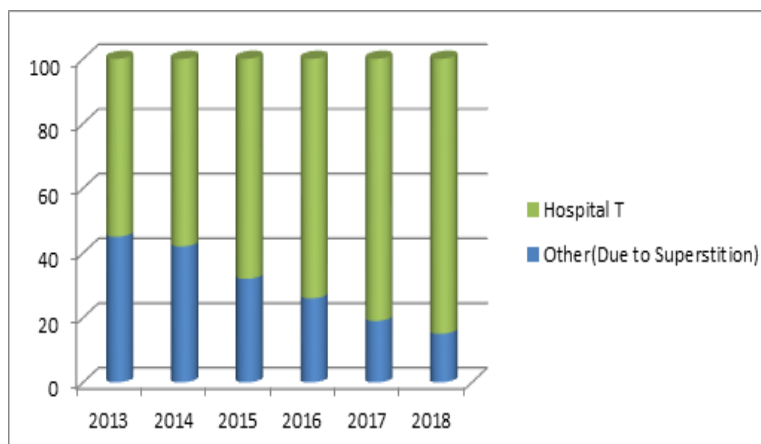
Result:

After survey it is obtained that the rural people of North Tripura become more conscious about sports participation. The graph depicts that year by year the rural people of Tripura are getting themselves engaged in sports and Physical activities.



Graph No.1 representing year wise rural and urban participation in sports at district level

On the other hand technology based scientific innovations create revolution in rural people as far as scientific approach is concern and which suppressed the superstitious believes in health related treatment of rural people.



Graph No. 2 representing year wise treatment received by rural people at different medical commodities.

Conclusion:

The role of Sports and science is significant in our daily life. The various gifts of physical exercise and science have made our life more comfortable. Participation in sports brought new fitness culture and gave illness free life to certain extent. The wonderful inventions of science such as electricity, fans, air-conditioners, television, mobile phones, motor-vehicles, etc. has eased our life, and now it has become almost impossible to live without using them.

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Corresponding Author:

*Dr. Ankan Sinha
Assistant Professor, Govt. Degree College,
Dharmanagar, North Tripura,
Tripura.